



DDSP Child Development Center

August Events!

Please refer to your child's lesson plans for specifics on activities leading up to the end of summer. There is still space available for the 2003-2004 Before and After School registration will continue through the beginning of August. If you are interested in enrolling your child in the Before and After School program, registration forms are available at the front desk. Don't forget the CDC has an open door policy and we love parent participation. Check with your child's teacher about stopping in to read a story, lead an activity, teach a new game or just visit. If you have not received a parent handbook, please check with the front desk. We would like to welcome two new staff members to our center. You will be seeing them around the center. They are Rhonda Ortega and Bindaliz Torres. We would also like to say a sad goodbye to Tricia Turner and Sheba Coleman. Tricia is going to stay at home with her two children. We wish her all the best. Sheba has moved to Alabama with her family. Good Luck to her and her family.

Record-Keeping



When signing your child in ensure that you list a phone number where you can be reached. Just a few record-keeping issues to address this month: if your address, home/work/cell phone number, or emergency designee information changes, please update in your child's records this can be done at the front desk. When filling out basic care forms include the name of the item, the amount/frequency/location of application, start/stop dates and a sponsor's signature. These forms must be updated monthly.

Summer Fun!

All of the classrooms are continuing special summer activities throughout the end of August, to include water play, nature walks, bike day, etc. Don't forget to check your child's lesson plans for specifics or see your child's teacher. With all of this active, outdoor play make sure you provide a change of clothes for your child to include socks and shoes. For safety reasons, open-toe shoes are not permitted at the CDC. Also, you will need to provide sunscreen for your child. Any sunscreen you choose will suit, as long as it does not include insect repellent. When you bring in the sunscreen, you are required to fill out a basic care form, which is available at the front desk.

Important Information

We are searching for volunteers to assist with the Parent Advisory Council (PAC) beginning in the fall of 2003. Each classroom/ age group is usually represented by at least one parent. For details, please see me!

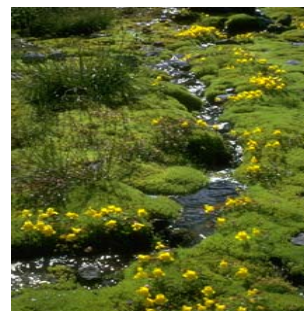
Contact Information

If you have any question, comments and/or suggestions, please do not hesitate to contact me. My office hours are 9:00-5:30 Monday-Friday. You can reach me at (717) 770-7360 or by email at Mary.Jordan@dla.mil. Mrs. MaryAnn Jordan (CDC Director)



Important Information:

- ☺ **Reminder: Payments are due the 1st and 15th of every month. If payments are not received by the fifth working day, a late fee of \$15.00 will be assessed.**
- ☺ **Please remember to take sheets and blankets home to be laundered every Friday.**
- ☺ **Please sign and return incident/unusual occurrence forms to your child's teacher. A copy may be provided to parents upon request.**



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From the Coordinator-

Dear Parents,

CHILD ABUSE RISK ASSESSMENT TOOL (CARAT)

We will be conducting our annual Child Abuse Risk Assessment Tool (CARAT) during the week of August 11-15. This is a tool that will be used by four early childhood consultants along with four program sponsors. Formal observations, interviews, programming and administrative policies will be used to evaluate our risk for child abuse. Last year's CARAT resulted in all areas being in the low risk for child abuse. We anticipate the same results this year. We are still looking for a couple of parent volunteers to assist with the process. It will involve approximately 30 hours of time during the week. Please contact Brenda Twigg at 770-7669, Mary Ann Jordan or Lori Stroup at 770-7360, or Amanda Munoz at 770-6768 if you are interested in helping or want more information regarding the tool.

AUGUST EVENTS

Picnic

Please check your calendars for all the exciting August events in the Summer Camp programs and for CDC. All parents are invited to attend the End of Summer Picnic being held on Friday, August 8th at 11:00. All parents are encouraged to join their children for a picnic lunch that day. The picnic will be held at the pool pavilions and is being sponsored by the Post Restaurant. There is no charge for this event so join us for all of the fabulous food and festivities!

SAS Big Show

Plan on joining us for an entertaining time at the School Age Big Show. The show is on August 8th at 10:00 in Room 129 at the EDC. The youth are presenting their best entertainment for your enjoyment!

End of Summer

Most of our school age youth will be departing our summer programs on August 22 to begin their 2003-2004 school year on August 25th. We will still be providing care for those students who start school at a later date. Please make sure that you let Laura Flores or Amanda Munoz know your child's last day at SAS or let Wanda McKeown, Lori Stroup, or Mary Ann Jordan know your child's last day in the Kindergarten program at CDC. We want to ensure that we have proper staffing through your child's last day of care and provide them with an enriching day!

POC

Please call me at 770-7669 if you have any program questions, concerns or input.

BRENDA K. TWIGG

There are many ways you can start your day. It can be chaotic and crabby, calm and cooperative, fun and feisty, or many variations in between. It really is a choice, and that choice is largely based on anticipation, preparation, and attitude.

Anticipation:

What can go wrong may go wrong. Children wake up with fevers or pink eye. They misplace socks or shoes, their homework, or the hamster. You lose your keys or the baby's bottle. School buses run late, carpoolers arrive early. The cupboard and refrigerator have been raided, leaving nothing but a blackened banana and a jar of pickles.

Preparation:

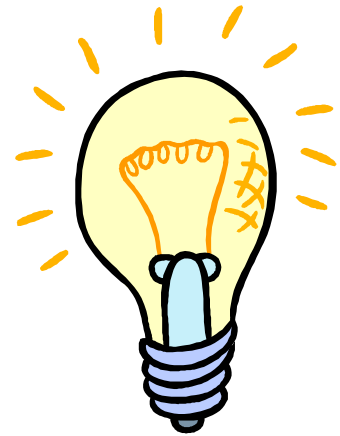
The great thing about preparation is that it saves much time in the long run. It's not as if things don't have to be done anyway. Lunches must be packed, clothes must be selected, and breakfast has to be prepared.

Why not do what you can the night before, when you're not facing deadlines and the uncertainties of the early morning hours?

- Decide what clothes will be worn, right down to jackets and hats. Keep a box for the family in front of the door, or assign a box to every family member. Whatever has to go out the door in the morning should be put in the box the night before, except for perishables.
- Always prepare lunches the night before. It's difficult enough getting breakfast into everyone much less thinking about what's for lunch.
- Don't skimp on breakfast-plan for it the night before. Research shows it's the most important meal of the day. There are plenty of good, healthy choices that are fast and nutritious.
- Most adults find it easier if they wake up and get dressed before the kids get up. It's nice to have time to collect thoughts over a quiet cup of coffee or glass of juice.

Attitude:

An attitude adjustment may be necessary on many mornings, especially when things get off to a rocky start. Experts say it's very helpful to breathe deeply a few times. If you can see humor in something, laugh. It's difficult to feel totally frazzled with a smile on your face. Say something nice, or give someone a hug or a smile. Don't forget: Kindness is contagious!



***Bright Ideas
for
Bright Beginners***

personal parenting



Water Conservation

Teach your child some basic water conservation techniques:

1. Don't leave the water running when you brush your teeth.
2. Keep jugs of water in the refrigerator so you don't have to run the tap to get cold water.
3. Instead of pouring the remainder of a glass of water down the drain, water indoor or outdoor plants.

Sand Comb

Make a sand comb from a plastic lid. It's easy as 1, 2, 3! This activity is a great tactile experience for toddlers and older children love the patterns they can create with the combs.

1. Cut the rim off the lid of a plastic margarine container.
2. Cut the plastic circle in half, and place duct tape on the rounded edge.
3. Cut a wave or notched pattern along the straight edge.

Children hold the sand comb and simply comb the sand into fancy designs and swirls.

Riding High with Baby

Babies enjoy simple games. Hold your baby securely under her arms and gently raise her in the air as you say, "Fly up, up, up." Then slowly lower her as you say, "Fly down, down, down." Most babies love this game, and what a joy for you when she starts repeating the words as you say them.



Children according to Socrates:

Sound Familiar?

"Our youth today love luxury. They have bad manners, contempt for authority, disrespect for older people. Children nowadays are tyrants. They contradict their parents, gobble their food, and tyrannize their teachers."
Socrates

Treasure the Moment

Wise parents know that household chores and errands can wait. Spend a few extra minutes to read that favorite book or snuggle in bed and sing a song together. Don't let today's trivia rob you of today's treasures.

Oatmeal Muffins

Start the morning off with this delicious and nutritious muffin

Ingredients:

- 1 cup whole wheat flour
- $\frac{1}{4}$ cup sugar
- 3 tsp. Baking powder
- $\frac{1}{2}$ tsp. Salt
- 1 cup rolled oats
- 1 slightly beaten egg
- 1 cup milk
- 3 tsp. Salad



Sift together flour, sugar, and baking powder. Add salt, oats, egg, milk, and oil. Stir just enough to moisten, and spoon into 12 greased muffin cups. Bake at 425 degrees for 15 minutes, or until lightly browned. These muffins are delicious all by themselves or with a little cream cheese or applesauce.

Sunny Day Ice Play

A-Camping
We Will Go

Children can have a great pretend adventure right in the backyard.

Place a sheet over a tree limb or picnic table. Provide items such as sleeping bags, backpacks, a compass, binoculars, flashlights, and canteens.

EXTEND THE FUN

Fat a snack or meal outside.

Provide something simple such as granola and lemonade or macaroni salad and watermelon.

Take a rest.

Sneak an afternoon nap into the camping adventure by letting your child snooze outside.

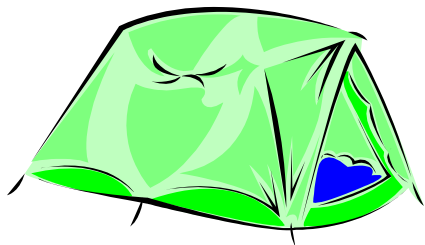
Make up a story about camping.

Start the story with statements such as these:

“When I went camping, I saw a big bear and...”

“I went camping and forgot to pack my...”

“On the camping trip, my tennis shoe fell in the stream and...”



This is a great experiment for children over age three. Place small toys such as miniature cars, rubber Worms, kitchen utensils, Balls and jacks, or plastic insects into cubicles of ice trays or in plastic storage containers. Fill the containers with water and freeze. On a warm day, bring them out into the sun and let your child have a front row seat to the thawing process.

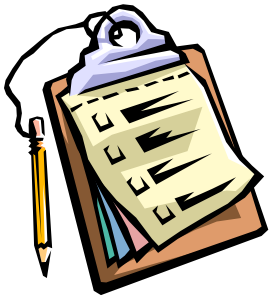
Ask questions to get him thinking:

What does the word *thaw* mean? Why is the ice melting? What would happen if we put the toys and water back into the freezer? How does the cold water feel on your hands?

Out and About

Children like to hang out in the community, and they need you to take them there. Here are some good places to visit in the summer:

- ✓ Kite store
- ✓ Zoo
- ✓ Nature conservatory
- ✓ Park
- ✓ Lake or swimming
- ✓ Ice cream parlor
- ✓ County fair or community festival
- ✓ Baseball game
- ✓ Duck pond



CLIPBOARD

One, Two

One (Child stands and follows direction)

Two

Show me one hand
Show me one finger
Wiggle one nose
Touch one arm

Show me two hands
Wiggle two fingers
Shake two arms
Touch two eyes



Two Little Dicky Birds

Two little dicky birds sitting on a wall. (Fingers horizontal thumbs standing up)
One named Peter, the other named Paul. (Wiggle thumbs as named)
Fly away, Peter, fly away Paul> (Flutter hands behind back)
Come back Peter, come back Paul. (Bring hands back as before)
Try using your own children's names or names of friends and relatives!



Learn to Count

One, two, three and four:
I can count even more.
Five, six, seven, eight:
See my fingers standing straight. (Raise one finger at a time as you count)
Nine and ten are my thumb men. (Raise thumbs)

I See Three

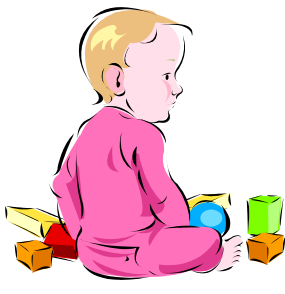
I see three-one, two, three (Hold up three fingers, one at a time)
Three little bunnies
Reading the funnies (Hold hands open like pages)
I see three-One, two, three (Hold up three fingers as before)
Three kittens
Wearing mittens (Hold up fists)
I see three-One, two, three (Hold up three fingers again)
Three little frogs
Sitting on logs (Squat)
I see three-One, two, three (Hold up three fingers again)
Three little bears
Climbing upstairs (Pretend to climb)

Infant Room News

Hello parents! We can't believe it's the end of summer. There will be an End of Summer picnic at the pavilions by the swimming pool on August 8th. We welcome any parents who would like to attend with their child. There will be a sign-up sheet in your child's room.

We would like to wish William Wilson a very Happy 1st Birthday!

Infant Room Staff,
Ms. Darlene, Ms. Charlene & Ms. Alicia



Monthly Milestones

Gross Motor:

1. Rolling over
2. Sitting up
3. Pulling up

Fine Motor:

1. Holding rattle
2. Pincer grasp
3. Opening fist

Language Skills:

1. Repeating sounds
2. Cooing

Social/Emotional Skills:

1. Playing alone for short periods
2. Recognizing familiar faces

Individualism:

1. Holding own bottle
2. Sitting in the highchair
3. Using a cup

Pretoddler Room News

Hello Parents! We are enjoying the summer months with a lot of water and outdoor play.

This month we will be working on our climbing, finger plays and using our gross, fine motor and language skills. We will be doing several new activities this month; salt painting, colored sugar art and pudding play. Sounds like learning fun, doesn't it?

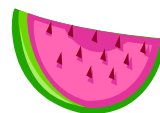
We would like to say Happy Birthday to Julie Stuart who will be 2 years old on August 2nd and a Happy Birthday to Kennedy Pazos who will also be 2 years old on August 8th.

A big welcome goes out to Roy Schor who comes to us from the Infant room.

Congratulations to all the Pretoddler parents for 100% participation for our beach week!

Talk to you again next month!

Ms. Shirley, Ms. Sonia and Ms. Linda



Monthly Milestones

Gross Motor:

1. Moving around objects
2. Throwing/rolling balls
3. Push/pull riding toys

Fine Motor:

1. Hand/eye coordination
2. Grasping small objects
3. Using our fingers

Communication:

1. Repeating sounds and words
2. Following simple directions
3. Responding when your name is called

Cognitive:

1. Recognizing sounds
2. Learning to use a riding toy
3. Recognizing/identifying pictures

Social-Emotional:

1. Develop a sense of belonging
2. Playing beside others
3. Getting along with others

Self-Help:

1. Feeding ourselves
2. Learning to use a spoon/cup
3. Sitting in a chair

Toddler Room News

Happy Summer Greetings from the Toddler room.

In the month of August we will be working on our snaps, buttons, zippers and identifying sounds.

A warm toddler welcome to our new friend James Skelton.

Happy Birthday to Katelynn Smith on August 7th and Kayla Brackett on August 9th, they will both be three years old.

That's all for now!

Talk to you again next month.

Ms. Pat & Ms. Nicky



Monthly Milestones

Gross Motor:

1. Using a riding toy w/ pedals
2. Balancing on a balance beam
3. Kicking balls

Fine Motor:

1. Stacking blocks
2. Buttoning and unbuttoning
3. Snapping snaps

Communication:

1. Repeating same sounds
2. Imitating sounds
3. Responding to and identifying positions

Cognitive:

1. Connecting sights and sounds
2. Fitting shapes into proper holes
3. Remembering where personal things are kept

Social-Personal:

1. Expressing anger in words rather than actions
2. Allowing aggressive behavior to be redirected
3. Sharing something with another

Self-Help Development

1. Helping others to do a task
2. Taking turns without a fuss
3. Complying with requests without a fuss

Preschool Room News

Wow, it's August already and a new school year is starting! Along with that we will focus on a lot of school activities for this month. We will also be conducting individual observation and documentations to assess each child's needs.

Don't forget the End of Summer Picnic on August 8th at the pool pavilions. Hope to see you there.

We will continue to enjoy the warm summer weather with cooling off in the pools every Wednesday and continue bike day on Friday. Don't forget to check the lesson plans for show & tells and further details on important upcoming events. Please remember to provide your child with the items on the lesson plan (bike, helmets, swimming items, show & tells, etc.). We try to make it easier to see with bold, italic and underlined font on the days your child will need an item for an activity. Thank you for your cooperation!

We would like to welcome Adam Kalo, Katelynn Smith, Kayla Brackett, Caneron Bartlett, and Kyle Roberson to our room. They are joining us from the Toddler room.

We would like to say goodbye to Alexis Wehler, Alexis Boscia, Nirmaliz Torres, Lyndsey Michelsen, Brandon Shimp, Rachael Murphy, Matthew Stroup and Alexys Terech. They are moving on to the Prekindergarten room. We will miss them all. We would also like to say goodbye to Elizabeth Beck and Tanner Kirk. Good luck to their new locations!

We would like to wish a Happy 4th Birthday to Alexys Terech on August 21st and a Happy 3rd Birthday to Rachel Dowd on August 23rd.

Kristin & Elba

Monthly Milestones

Gross Motor:

1. Jumps off low surfaces and over objects with control
2. Runs with control over speed and directions

Fine Motor:

1. Traces a circle
2. Uses scissors correctly

Cognitive:

1. Recognizes differences in sizes
2. Begins to learn the daily schedule by sequence

Communication:

1. Follows two to three step directions
2. Speaks in expanded sentences

Creative:

1. Holds pencil/pen correctly
2. Draws suns

Imagination:

1. Pretends by replaying familiar routines
2. Uses exciting, danger-packed themes

Prekindergarten

Room News

Hello from Pre-K,

We hope everyone had a wonderful summer.

Our new school year has started. We would like to wish all of our students lots of luck as they move onto Kindergarten. We wish them all the best! We will miss you!

We would like to welcome Alexis Wehler, Lyndsey Michelsen, Brandon Shimp, Rachael Murphy, Matthew Stroup, Alexys Terech, Erin Pugh, Alexis Boscia and Alexander Carter to our Pre-K room.

Just a reminder, please remember to stock up your child's cubby with extra clothes and a sheet/blanket for naptime.

Ms. Cathy & Ms. Mary Lou



Monthly Milestones

Gross Motor:

1. Throws ball with direction
2. Catches bounced ball

Fine Motor:

1. Building tower of nine blocks
2. Begins to properly hold and cut with scissors

Pre-academic Skills:

1. Counts to ten
2. Does seven piece puzzles

Cognitive Skills:

1. Sorts objects by appearance
2. Recognizes differences in sizes

Language Skills:

1. Speaks with "grammatically" correct sentences
2. Answers to "Which one do you want?" by naming it

Social Skills:

1. Plays roles confidently in dramatic play
2. Resolves play conflicts in a positive manner

Kinder Care

Enrichment News

Greetings from Summer Camp,

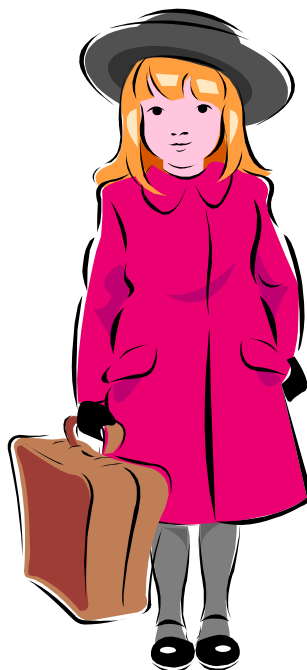
We continue to roll along with the summer camp program. The campers really enjoyed their sunny day at the Senator's game.

The center will truly miss Ms. Sheeba. We wish her all the best. We plan to continue the same enriching activities in the Kinder Care Camp activities.

Don't forget the summer picnic on August 8th. It will be a great opportunity for everyone to take part in.

August 25th will be our last day of camp. We will truly miss our campers. We wish them the best of luck in their elementary school careers. Naeem, Eric, Calvin, Connor and Simone, you all will be missed greatly!

Ms. Kirstie & Ms. Tricia





**Hours of Operation:
Child Development Center
&**

School Age Child Care

Monday - Friday
6:45 a.m. - 5:15 p.m.

**Youth Development
Services**

Monday – Thursday
5:15 p.m.– 7:15 p.m.
Friday
5:15 p.m.- 8:00 p.m.
Saturday
12:00 p.m.- 8:00 p.m.

DDSP-HF
2001 Mission Drive
Building 351
New Cumberland, PA 17070

CDC:
Phone: 770-7360/770-7525
Fax: 770-8420
SAS/YS:
Phone: 770-6768
Fax: 770-6468

Children are our business!

The DDSP Child Development Center offers care to children of Department of Defense employees. Our program fosters development of the physical, social-emotional, language and intellectual areas for your child. The Child Development Center located at building 351 on Avenue A, provides care for children six weeks through kindergarten.

The School Age Child Care program, located at building 286 on J Avenue, provides a recreational program for the children six years through twelve years. The recreational programs follows the 4 service areas:

Sports and fitness, arts and recreation, life skills and citizenship and mentoring and intervention services.

Youth Development Services also offers an evening and Saturday program for children six years (and attending first grade) through eighteen years of age.

For more information please contact Laura at (717) 770-6768.

